

support networks ✓  
counselling ✓  
groups ✓  
info nights ✓  
clubs ✓  
life lines ✓

Marks

Question 21 (continued)

- (b) Discuss how the creation of supportive environments is used to manage the health of Australians.

6

The supportive environments used to manage the health of Australians are such things as follows.

Have support networks for the people who have or know someone with an illness so they can deal with the issue and ~~not~~ not suffer any health problems related to the stress.

Set up counselling sessions for people to deal with things better so as not to cause health problem.

Have life lines for the community to go to ~~and~~ with any problems.

Set up information nights on the good management of health and how they can achieve this.

Get groups together and talk about the issues affecting their health and then they can get feedback on how they can manage this from other people in the group.

~~from~~ And last, setting up clubs where people get together and get active together, because you have the support of the people around you not to give up.

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