

Question 21 (continued)

- (b) Discuss how the creation of supportive environments is used to manage the health of Australians. 6

Supportive environments help to manage the health of Australians in ^{many} key ways.

① Improving access - creating supportive environments such as ~~free~~ free skin cancer checks at the beach allow people of any socio economic status or level of health the ability to take control of their health. It also allows them access to services in the community that would otherwise be unattainable.

② Improving equity - by the concept of social responsibility and social justice, supportive environments put infrastructure in place that improve the equity of health services to Australians.

③ Support - by establishing programs such as mental health groups or alcoholics anonymous, people have someone they can turn to, to get advice regarding their health and discover ways to improve their health. Supportive environments also enable people to improve their health by the use of GP's, hospital services, medical practitioners which aim at providing preventative medicine ~~and~~ in preference to treatment as this overall ~~to~~ improves the morbidity, life expectancy and mortality of Australians.

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It targets priority population groups to increase access. 10 - Supportive environments have also utilised the existing structures in society to enable people to increase control over and maintain their health by establishing guidelines such as healthy eating habits to follow.