



b) The diverse nature of young peoples lives refers to the way in which they live. The way they are always too busy to eat a decent meal, the way they binge drink heavily at parties regularly or the way they take up smoking because it is cool or hip. The way they drive dangerously or take unnecessary risks. All these factors severely affect the health status of young people.

The diverse nature and constant unhealthy and dangerous lifestyle of young people is putting them at a serious risk of chronic injury or illness and/or death or extremely serious injury in which they may never fully recover.