



b) Young people are much more risk taking and have a carefree nature and attitude. Young males are the greatest group at risk of affecting their health status. They drink more, experiment with more drugs, take part in risk-taking ~~to~~ behaviour eg. ~~unprotected~~ unprotected sex (HIV, STD's, unwanted fatherhood) unsafe motor vehicle driving and preventable accidents.

Young females lives also affect their health status as anorexia nervosa and bulimia are the highest health problem in young females. ~~They~~ Crash dieting can also affect their health over time. They also participate in drinking, drug taking and unprotected sex.

Although their risks are not as high as males they are still there and affect their health just as much.