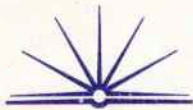




Q23

(b) The ~~dir~~ transition from childhood to adulthood is a time of stress, anticipation, nervousness and instability. Young people experience a number of problems and achievements throughout their adolescent life. There are many influences that impact on the health of young people.



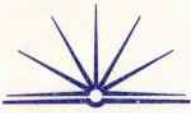
including the influence of global trends, peer influence, cultural differences and ~~self-~~^{the} perception of young people by other populations.

There is no doubt that young people are easily influenced by global trends, whether it is ~~to~~^{from} music, fashion or movies. When young people begin to follow these trends, they feel more independent. Yet this influence may be a positive or negative one.

Similar to global trends, peer influence can have a positive or negative effect on the health of young people. Adolescents may feel 'peer-pressured' into doing something, ~~or~~

Cultural values can have different meanings for different people. A person's culture may have a big impact or small impact on one's health.

Some other age-groups may see young people as selfish, with no respect for others. However, ~~to~~ other age-groups might realise that young people actually do have a



lot to offer. This, in turn, influences the treatment that young people receive from other age groups.