
In your answers you will be assessed on how well you:

- demonstrate knowledge and understanding of health and physical activity concepts relevant to the question
 - apply the skills of critical thinking and analysis
 - communicate ideas and information using relevant examples
 - present a logical and cohesive response
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Question 29 — Sports Medicine (20 marks)

- (a) (i) Outline how problems associated with iron deficiency and bone density can affect female participation in sport. **3**
- (ii) How does sports medicine address the medical conditions of children and young athletes? **5**
- (b) Evaluate how sports policy and the sport environment promote safe participation. **12**

Question 30 — Improving Performance (20 marks)

- (a) (i) What is ONE benefit and ONE limitation of drug testing? **2**
- (ii) Why are performance enhancing drugs considered unethical in sport? **6**
- (b) Justify factors a coach should consider in order to avoid overtraining. **12**

Question 31 — Equity and Health (20 marks)

- (a) (i) What factors contribute to health inequities in Australia? **3**
- (ii) How could government funding be used to reduce health inequities for a population? **5**
- (b) Why are some health promotion strategies more effective than others? **12**

End of paper