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(i) Problems associated with iron deficiency and bone density can affect female participation in sport greatly. Mainly because most female sports require large amounts of energy (volleyball, swimming, basketball, netball) so if an athlete has an iron deficiency it can ~~have~~ have great negative impacts on ~~them~~ her ability to perform.

If an athlete ~~man~~ is suffering from ~~a~~ bone density ~~issue~~ depending on ~~which~~ which bone ~~is being~~ it is happening to, can be overcome ~~partly~~ with a lot of hard work and rehabilitation.

(ii) Sports medicine addresses the medical conditions of children and young athletes as it outlines the child's abilities and the sports that may further cause injury to the child, and also the sport activities that will aid in strengthening muscles and ~~the~~ bones in order to return back to their regular sport.