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Sports policy and the sport environment promote safe participation by having a number of rules and guidelines they follow to prevent dangerous play and injury. These include things like,

The dividing of teams into age groups, so that people are playing against people their size and age, ^{for example} _{under 12's}

Not being able to play under the effects of drugs or alcohol,

The termination of games if the weather is not appropriate or safe. - for example raining

The enforcement of required protective gear, for example, helmets.

The inclusion of these policies are very useful in ensuring that safe participation is ~~of~~ promoted and are successful.