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(i) The problems associated with iron deficiency and bone density affects the female participation in sport, by being low in iron and bone density affects the ~~re~~ women's performance and also weakness in strength not being able to perform the standards in sport.

Also women can feel nauseous and dehydration and bone joints weakness, feeling sickness and tiredness in not being able to participate in sports.

Also in weath changes which can affect the women being in low iron and bone density can cause medical problems in joints. pregnant women also may have conditions to be followed having a balanced healthy diet also in iron and bone density which also can affect the result of the birth of the child.

(ii)

Sport medicine addresses medical conditions of children and young athletes, by strategies and rules followed during participating in sports. Training and skill developments must be acquired towards the athletes also rules of the sport. Children and young athletes must ~~be~~ be aware of the conditions of medical treatments such as RICE, Rest, ice, Compression, elevation, Referral. Also TOTAPS, Talk, observe, Test, Active movement, passive movement.

Also children's with asthma and breathing problems, diabetic children, many cancers undertake these limits in being able to participate in sports. Also through dehydration children must wear hats during sports, drinking many fluids. Using safe equipments.

(B) Sports policy and the sport environment promote safe participation in schools, team clubs, parks.

The policy undertaken by any organisation must follow the rules of regulators in

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In clubs, contact emergency numbers, also schools rules what not to play ~~that~~ that children undertake and follow. Also environments must be safe, fields clear of danger equipments and also weather temperatures. Clubs also must undertake healthy canteens also in schools. Also clubs must supply safe equipments and sporting equipment. young athletes must wear sporting safety gears such as, soccer boots, shin pads, all safety requirements and policies which promote safe environment for children and young athletes to participate in sport.

policies also undertake by coaches or teachers, developing safety training sessions, stretching session, breaks to uptake fluids. also first aid kits and requirements to help and prevent injuries in occurring.

You may ask for an extra Writing Booklet if you need more space.