Start here. Improving Performance (a) (i) A benefit for drug testing gives those athletes a chance to acheive their personal best with which may give them the chance of winning with no drugs in their system where as someone who is on drugs may take out Gold which is unfair for those who are going by the rules and regulations, but to that athlete they are the winner. (ii) Performance enhancing drugs are considered unethical in sports due to the far and justice principal. Taking specific drugs can improve your outcome with which makes the results unfair for those who are drug free. Sport is all about your personal performance or team performance, if a performer enhances their ability that with drugs they don't deserve to win as they and athlete is cheating