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a. In broad terms, work is defined as productive activity, paid or unpaid. While leisure is the time you have free from the demands of work. Leisure can be either active, when you are physically moving (playing a sport or going out for a family picnic) or passive, when you are merely ~~moving~~ ^{absorbing} (like watching a movie or being a spectator of a sport).

b. Technology has contributed greatly to changing patterns of leisure. Technology can be anything ranging from the stone axe, gun-powder, the wheel, vaccinations to computers. Change can be defined as something being different to the way it used to be, especially due to the technological advance.

Technology has made everything easier in the workplace allowing change in leisure. People are having longer time being able to spend in leisure due to the flexible hours at work.

Who would of thought 50 years ago, you could work at home with a single computer. With the advancement in technology, anyone can work

anywhere if they had a computer. It is the norm for us now to have conversations and conferences with people from around the world at home. This saves time and money for people in the workplaces, allowing more time to be spent with leisure activities. Can also enjoy leisure activities like travelling.

The house ~~not~~ work has also become very easy and quick with the technology. While mothers usually always had to wash dishes and clothes by hand, we can easily do this simply by putting it in a dishwasher or washing machine and pressing a single button. This has helped greatly in saving time and effort, allowing them to do other activities, including leisure.

Therefore, the advancement in technology has contributed significantly to the changing patterns of leisure. It has made it much easier for everyone, leading to more free time to enjoy some leisure to relax and to do some exercise.

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