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'By this all will know that you are my disciples, if you have love for one another.'
The influence Christianity has on the life of its adherents is quite obviously as this quote nicely demonstrates a possible influence.

Christians use the New Testament to teach adherents values such as love / respect / forgiveness / and ~~strength~~ peace. These values are adored by Jesus Christ and adherents monitor and follow in Jesus Christ's footsteps.

'Jesus took the fish and bread blessed it and fed many.' This parable represents to Christians that they must look after the community as Jesus looked after them.