



Most religions today express some kind of aspect towards peace. Buddhism & Christianity are two major religions that express the issue of peace throughout their sacred texts, the peace shown is both inner & outer peace & portrays many aspects relevant to modern society.

Buddhism's sacred texts contain many references to peace, both inner & outer.

The Sutta Pitaka or the 'three baskets' contains over 10,000 Suttas & many reflect the idea of peace. Though peace is not a particular topic the aspect of peace is very much prominent. Buddhism is a main ambassador of creating world peace & many quotes from the Sutta Pitaka are used in endorsing the idea of peace. The Dhammapadam is another text that refers to the ideas of peace.



As like the Sutta Pitaka, the Dhammapada does not actually have any translated teachings of peace but the idea is prominent.

Buddhists see obtaining from the need to have things not just materialistic, but others such as power & control can cause peace within each other but also inner.

The four noble truths, eightfold path & ten precepts all contain aspects of peace. These texts surround the idea of behaviour and how if behaviour is correct it can lead to inner & outer peace.

The Buddhist community has expressed their beliefs of peace within the community & each other. Inner peace though is a very important aspect of the Buddhist



tradition as inner peace can lead to enlightenment, and therefore Nirvana, which they are trying to <sup>achieve</sup> ~~enlighten~~. The aspect of peace is shown throughout the sacred texts of Buddhism & creates a very important part of this religious tradition.

Christianity: reflects many ideas about peace, both inner & outer. Many aspects of peace are shown in the Bible's New Testament. Christianity despises conflict & therefore peace should be obtained.

The foundations of Christianity peace teachings are shown in "Blessed are the peacemakers as they shall be called children of God". This shows that God rewards peace & that peace is needed in life.

Another aspect of peace found is



with Jesus' last words before he died "by peace I give to you... I do not give as the world gives".

many Christians reflect the ideas of peace. Finding inner peace within themselves through ~~the~~ prayer & a spiritual connection with God, and outer peace by expressing the beliefs of world peace etc.

many Christians have rallied against things associated with peace today, such as war.

Christian leaders have come together to discuss the aspects of war & allowing political leaders to see the peace that can be formed.

St Paul also wrote about peace, which was expressed in his epistles to write & shown in the New Testament. He saw the importance of peace



with each other & the harm conflict can bring to an individual & a community.

both Buddhist & Christian traditions have shown both inner & outer peace within their sacred texts. Though it may not be a main heading in the writings, it definitely can be seen as prominent & an idea expressed by all believers.